

## International Women's Day Profile

# Catherine Bobesich

Whether it's creating art, running her wellness lifestyle business, supporting local charitable organizations, or spending time with her family, Catherine Bobesich breathes joy and positivity into everything she does. Her exhilarating journey to award-winning entrepreneur, successful artist, acclaimed speaker, and trusted wellness coach was one of wonder and discovery. Years of tenacious research, education, and self-exploration led this two-time cancer survivor to design a passion-fueled life of gratitude, balance and well-being.

A longstanding patron of the arts, Catherine is also a wildly talented artist. Her stunning paintings, primarily acrylic on canvas, reflect the artist's spirit and are vibrant, colourful and high-energy. Like Catherine, they light up the room. Catherine sits on the board of directors of both Oakville Galleries and on the Oakville Arts Council.

As the founder of Wellness by Design, Catherine's mission is to enlighten and educate others on the safe, nontoxic alternatives available for self-care and homecare. Catherine shows her clients how simple and affordable substitutions can bring balance and wellness to one's body and lifestyle. "It's never too late to embrace small changes that will make you and your family feel better," says Catherine. "The purpose of Wellness by Design is to help others design the healthy lifestyle that suits them best."

A dedicated and tireless volunteer, Catherine has given her time and resources to Well-spring Cancer Support Centre, the Cancer Society, Kerr Street Ministries, to name a few. For 20 years, she has been a board director of the Zonta Club of Oakville, a local group of professional women who are committed to the advancement of the status of women through advocacy and service. Catherine is particularly proud of the organization's support of International Women's Day. "Every March we celebrate and recognize the achievements of women locally and around the world," says Catherine. "This year, we are encouraging people to celebrate the women in their own lives by giving them one of our I CELEBRATE YOU greeting cards, sharing special #ZontaRose tributes on social media and supporting local shops and restaurants." The Zonta Club of Oakville is also responsible for the amazing yellow Zonta Rose display in our Towne Square from February 26 to March 15. All proceeds from ZONTA CELEBRATES International Women's Day will go to Oakville Hospital Foundation and women's charities.

Thank you Catherine, for sharing your story and for always giving back to your community.



Submitted to snapd